

# Regina Forte, MBA

Regina Forte can be considered a pioneer. Twenty-five years ago, she was one of the first women business owners in Baltimore's famous Harborplace. She earned a masters degree from George Washington University and an MBA in business and finance from University of Baltimore. She has spent the last 17 years working for several Wall Street firms as a stockbroker, investment banker, and money manager. She is one of a handful of women to hold the title of managing director for an investment firm, and has recently co-authored her first book "Making the Money Last." Regina is a member of the National Speakers Association and sits on several boards, including the Women's Interfinancial Network.



#### Matt Maxwell, M.D., FACS

Dr. Mat Maxwell is a cardiac surgeon and Director of Cardiovascular Services at the International Heart Institute, a division of St. Patrick Hospital. Dr. Maxwell is a Captain in the Navy Reserves, and received his medical education at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. He is licensed to practice medicine in Montana and California. Dr. Maxwell is certified by the National Board of Medical Examiners, the American Board of Surgery, and the American Board of Thoracic Surgery.

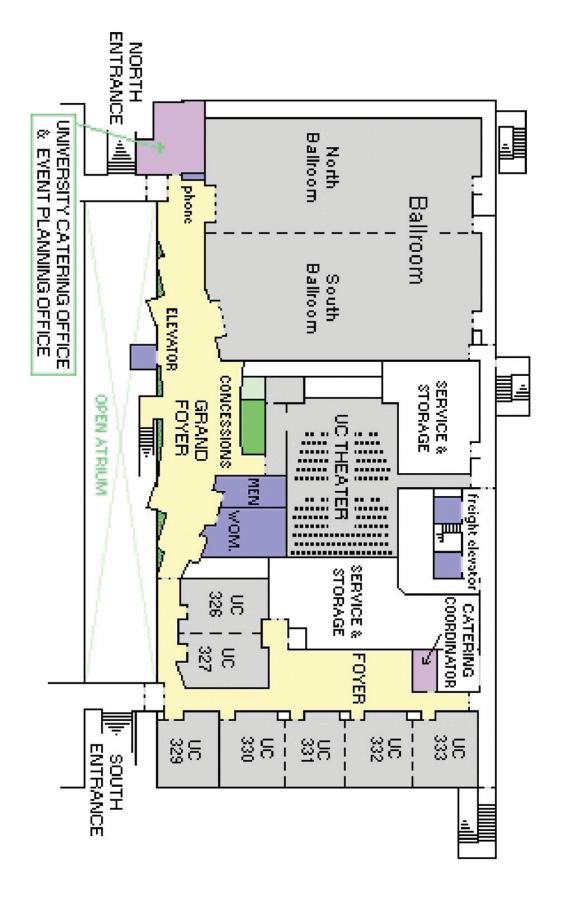
#### ABOUT OUR EMCEE

# Kathryn Ogren

Kathy Ogren is the owner of Bitterroot Motors, the largest Ford and Toyota dealership in the state of Montana. Kathy took over the dealership 20 years ago after the death of her husband, and celebrated the 30<sup>th</sup> anniversary of Bitterroot Motors in June 2003. In addition she is also the owner of Petit de Tour, an interior design business and MIERLI and ALLOKA Corporations, which operate Clocktower Convenience Store and Conoco Gas Station. Her philosophy that business is a moral and fiscal responsibility to the communities they serve has been proven through her record of community service. She backs this up with cash donations of \$40,000-\$100,000 annually to fulfill her commitment of using her time, talent, and treasure for the good of her community.



#### FLOOR PLAN





# SENATOR CONRAD BURNS

AT&T • BellSouth • BlueCross BlueShield of Montana
BlueCross BlueShield Association • Corning, Inc.

Delta Airlines • Kerr-McGee Corporation • Inland Northwest Space Allianc
Lockheed Martin • MDU Resources • Montana Credit Union Network
Montana Wood Products • National Association of Broadcasters •
National Mining Association • National Business Aviation Association
News Corporation • Northwest Airlines • Plum Creek Timber
Qualcomm • Qwest • Sprint • Washington Foundation



W O M E N 2 0 0 5

Monday, August 8, 2005 University of Montana's University Center Missoula, Montana



# CONFERENCE AT A GLANCE

7:30 a.m.	Registration	Grand Foyer
8:15 a.m.	Opening Session Kathy Ogren Welcome: Senator Conrad Burns	Ballroom
9:00 a.m.	Resource Area Break	Grand Foyer
9:00 a.m.	Workshop Session I	
	Are you Following Your Heart? <i>Ladonna Lee</i>	UC 333-332
	How to Make an Impact and Be a Highly Effective Woman <i>Laurie Richards</i>	UC 326-327
	Living by Choice not by Chance Regina Forte	UC 330-331
10:30 a.m.	Resource Area Break	Grand Foyer
11:00 a.m.	Workshop Session II	
	Are you Following Your Heart? <i>Ladonna Lee</i>	UC 333-332
	How to Make an Impact and Be a Highly Effective Woman <i>Laurie Richards</i>	UC 326-327
	Living by Choice not by Chance Regina Forte	UC 330-331
12:00 p.m.	Luncheon: Keynote Address Liz Murray, "Homeless to Harvard"	Ballroom
1:45 p.m.	Workshop Session III	
	Are you Following Your Heart? <i>Ladonna Lee</i>	UC 333-332
	How to Make an Impact and Be a Highly Effective Woman <i>Laurie Richards</i>	UC 326-327
	Living by Choice not by Chance Regina Forte	UC 330-331
3:00 p.m.	Closing Session: <b>Dr. Matt Maxwell</b> Women and Heart Disease Is There a Gender Treatment Gap?	Ballroom
4:00 p.m.	Kathy Ogren Senator Conrad Burns	

#### **KEYNOTE**





Liz Murray

The child of drug abusers, Liz Murray was homeless at the age of 15. Determined not to be defined by her circumstances, she recognized education as the key to a new beginning. In two years she received her high school degree and earned a scholarship to Harvard that would change her life forever. Author of the inspirational memoir *Breaking Night*, her story was captured on Lifetime's Emmy-nominated *Homeless to Harvard*. She was among the first people to receive Oprah Winfrey's "Chutzpah Award."

# **WORKSHOP SESSIONS**

### Are You Following Your Heart?

Is life living you or are you living life? Are you investing time and commitment to those passions that make a difference? Identify who you really are day to day and who you are in your dreams and then determine how to get closer to your joy and passion pursuits.

Ladonna Lee

Liz Murray

### Women and Heart Disease: Is there a Gender Treatment Gap?

Heart and Cardiovascular Disease remain the #1 killer of women in the United States. Women, unique from men, may be under diagnosed and under treated, a trend that needs reversing with health care tailored to women.

Dr. Matt Maxwell

# Living by Choice not by Chance

No matter what age or stage of life you are in, making financial decisions can be risky business. So many of us avoid it, consciously or unconsciously. How well have you planned your financial security? Not your husband's, your children's, nor your parents, but yours. Are there issues getting in the way? Join Regina in her approach to living by choice, identify your financial goals, and develop an initial plan of action.

Regina Forte

# How to Make an Impact and be a Highly Effective Woman

With all of the demands and responsibilities of work and family placed on us in today's competitive world, it's no wonder so many women feel like they are drowning. *How to Make an Impact and Be a Highly Successful Woman* will teach how to take control of one's life and become the complete and fulfilling person one envisions. Fundamentals are the key to success, and this course will be a high powered and energetic way to make sure we learn how to integrate inner thoughts and outward behaviors to put us on the path to becoming highly successful women!

Laurie Richards

#### ABOUT OUR WORKSHOP SPEAKERS



#### Ladonna Lee

Ladonna Lee is the Director of Public Affairs Group at Foley & Lardner, a national business law firm. Before joining Foley & Lardner, she was co-owner of a strategic communications consulting company doing public market place and positioning campaigns. Ladonna serves on the Advisory Board of the Washington Center for Politics and Journalism, and the Bowen Leadership Institute.



#### Laurie Richards

Raised in South Dakota, Laurie Richards began her professional career as a legislative correspondent for Public Broadcasting. In 1992, Laurie capitalized on her experience in broadcasting, public relations, and professional development, and created *Laurie Richards & Associates*, *Inc.* Author of the popular *Speaking Without Fear*, and *Making Meetings Produce*, she has prepared hundreds of professionals for media interviews, legislative visits, lobbying efforts, and presentations.